

Day Activities Include:

- 7:45 am** Music, entertainment and free blood pressure screenings in front of the Grandstand
- 8:15 am** Opening remarks by Mrs. Daniels
- 8:30 am** Warm-up exercises
- 8:45 am** Walk begins around the outside of the State Fair Track of Champions
- 10:00 am** Walk concludes in front of the Grandstand under the red balloon arch



The Clarian Cardiovascular Center

**After the Walk be sure to stay and enjoy
all the FUN the State Fair has to offer!**

Other Fun Fair Activities...

- All Day** Clog Fest - Clarian Dance for Health Stage
- 9 am-3 pm** Traditional Arts Indiana State Fair Fiddle Contest -Farm Bureau Insurance Celebration Park/WFMS Free Stage
- 9 am-6 pm** Free health screenings and active lifestyle exhibits - Healthy Lifestyles Pavilion
- 9 am-9 pm** Visit the newly renovated Natural Resources area, see the new DNR Fishin' Pond presented by Veolia Water and the Butterfly Corner
- 1 & 7:30 pm** PRCA Rodeo - Grandstand

We're pumped about our
TRACKRECORD
for performing cardiac surgery.



IN INDIANA

- **FIRST** Open Heart Surgery
- **FIRST** Artificial Heart Surgery
- **FIRST** Heart-Lung Transplant
- **FIRST** Robotic Mitral Valve Heart Repair

At The Clarian Cardiovascular Center in Methodist Hospital, we've made a practice of exceeding standards for our patients.

When it comes to your health and the quality of your life, you want to make the best choices available. That's why you should know that we have created one of the largest, most comprehensive cardiac surgery programs in the nation.

If you or your family are looking for a physician, please call Clarian at (800) 265-3220.

If you are a physician and would like to refer a patient, please call Clarian IMACS at (800) 622-4989.

Choose to live longer and live better. Choose The Clarian Cardiovascular Center.

 **The Clarian
Cardiovascular Center**
Clarian.org/CV

First Lady Cheri Daniels...
HEARTLAND
WALK FOR HEALTH

INDIANA STATE FAIR

presented by
Clarian Cardiovascular Center

Saturday • August 12, 2006





Please join me on Saturday, August 12th for the Heartland Walk for Health presented by Clarian at the Indiana State Fair. Together we can help raise awareness that heart disease is the

number one killer of women. Take a two mile stroll with me around the Fairgrounds to prepare you for all the fun you will enjoy throughout the day!

Cheri Daniels
Cheri Daniels
First Lady of Indiana



To Register Online:

Go to www.kenlongassoc.com

Click on the "Heart to Heart" logo and follow instructions.

All participants will receive:

- Commemorative T-Shirt
- State Fair participation ribbon
- Bottled Water
- State Fair "goodie bag"

* A registration fee of \$5 will be charged to include gate admission to the Indiana State Fair. Tickets will be mailed directly to participants. Walk ups will be accepted.



REGISTRATION FORM

First Lady Cheri Daniels' Heartland Walk for Health *presented by Clarian Cardiovascular Center*

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: (work) _____ (cell) _____ (home) _____

E-mail address: _____

Emergency Contact: _____

Phone: (work) _____ (cell) _____ (home) _____

_____ I will participate in the Heartland Walk for Health, so I need ____ Fair tickets for admission.

Number of Fair tickets at \$5 each _____ = \$ _____ **Mail by Aug. 7!**
Total: \$ _____

Mail registration form by Aug. 7 along with your check or credit card information to:

**First Lady Cheri Daniels' Heartland Walk for Health presented by Clarian Cardiovascular Center •
c/o: Ken Long & Associates • 994 North Combs Road • Greenwood, Indiana 46143 • (317) 884-4001**

To donate to First Lady Cheri Daniels "Heart to Heart Initiative" click on www.hearttoheart.in.gov.

Make Check payable to: Ken Long & Associates

Credit Card Information

Circle one: American Express MasterCard Visa

Card Number _____ Exp. Date _____

Card Holder _____

Signature _____

_____ Please send me information about Heart Health for women.

Following receipt of your check or credit card information you will receive walk details and your State Fair admission ticket(s) on or before August 9th.